

Wilmington Yoga Center LLC
Code of Ethics

The WYC offers experiential programs within a safe environment. The practice of yoga is the union of the body, mind and spirit. This practice helps to create states of consciousness through which profound transformation and growth can occur. As a teacher or staff member of any program presented at the WYC, we are stewards of the trust the guests place in us. It is our responsibility to uphold and foster this sacred, safe environment in which to allow this work to happen. It is essential that anyone teaching or assisting in any program at the WYC possesses a high degree of personal integrity and maintains clear boundaries in the role of serving the guests.

Holding ourselves as teachers or program staff members places us in a position of power to the guests, however subtle or obvious. We become their mentors, facilitators, and helpers. Some guests may idealize us or project that we are wiser or more evolved than they are. As professionals, we must remain aware of this power dynamic and never exploit the vulnerability of a guest for our personal gain or gratification.

In addition to awareness of the power dynamic, we ask our program staff to uphold the environment of inner focus. Many students who have visited the WYC have expressed their gratitude to have a place to come where they can safely open their hearts, observe their own deeper dynamics in a safe environment.

Also, as a center, the WYC is committed to operating our programs based on the ethical foundations of yoga, the yamas and the niyamas. We ask that all teachers, program staff, therapists and volunteers offer their services from this place of integrity. We ask that you please reflect on these principles and honor the opportunity that we have to serve.

Initials _____

Yoga Teachers Code of Ethics

Please read and sign the following Code of Ethics:

As a WYC teacher, trainee, therapist or other staff member, I recognize that it is my responsibility and privilege to support the physical, mental, and spiritual welfare of my students, and to uphold the dignity and integrity of the teachings of yoga, and the professional atmosphere of the Wilmington Yoga Center. Therefore I agree to abide by the following ethical code:

Relationships with Students

In recognition of the trust placed in me by my students, I agree to:

- Show only the highest regard for my students'/clients' personal beliefs and values.
- Offer my services to all persons, regardless of sex, race, color, ancestry, religious Creed, national origin, physical disability, mental disability, medical condition, age marital status, political affiliation, or sexual orientation.
- Avoid any action that I know will conflict with the highest interests of my students
- Avoid taking unfair advantage of students financially, sexually, romantically, or otherwise.
- Refrain from initiating a romantic or sexual relationship with a current student, even if invited by the student.

Professional Conduct

In conducting my teaching practice, I will:

- Offer only those services that I am competent to provide.
- Not attempt to diagnose a student's physical or psychological condition, prescribe a treatment, or suggest or approve of going against a physician's advice.
- Take continuing education in yoga teaching on a yearly basis.
- Be honest, straightforward, fair, and conscientious in all business dealings.
- Manage my business finances according to accepted business and accounting practice.
- Credit my teachings and trainings to the school and programs which I have attended.
- Not spread rumor or gossip which is malicious and tends to reflect discredit on my training, my co students, or the Wilmington Yoga Center personnel, either to people inside or outside of my group.
- Not copy, or reproduce in any means any materials or teachings from this training and other trainings without written permission from the directors.

Advertising

In brochures, advertising, and other descriptions of my services (including verbal), I will:

- Make no exaggerated claims as to the benefits of yoga practice or my classes.
- Represent my training, qualifications, abilities, and affiliations accurately and unambiguously.
- Not falsely, imply sponsorship by, representation of, or endorsement by any organization.

Initials _____

I understand that any reports of my breaching this code will be fairly investigated by the WYC staff, and that it could lead to revocation of my Yoga Teacher Certification/ or staff position within the WYC.

I have read and understood this code of ethics and hereby agree to honor its provisions:

Signature _____

Date _____

Print Name _____