



Summary: Growing yoga studio is seeking a motivated and experienced teacher to join an exciting and fast paced team. In addition to teaching yoga classes, our Teaching Assistant is the liaison for our yoga teacher trainees. This position works closely with the Executive Director, and management team to provide a professional and seamless on-site production of all Programs and Events.

Responsibilities:

1) Class Instruction:

- Teach classes at our studio based on need, availability, and class format (approx 12 per week)
- Provide superior customer service to all students
- Create and maintain a safe environment for all students
- Identify each student's fitness level and modify to fit their needs
- At times, the need to record attendance (sign people in) using our sign-in software will be necessary. We will train you how to use our software
- Complete all assigned compliance trainings and maintain all mandatory certifications

2) Program Support:

- Answer, screen and transfer inbound phone calls
- Receive and direct visitors and clients
- General clerical duties including photocopying, fax and mailing
- Create contact logs.
- Sign in classes & workshops
- Signing up offerings, workshops, retreats, YLTT, etc.
- Making interest list phone calls (trainings/workshops/retreats)

Requirements:

- Bachelor's Degree
- RYT certified by Yoga Alliance - for Yoga, RYT500 preferred
- Prior Group Fitness Instruction a Plus
- Motivated
- Transportation that is reliable

- One to three years of teaching experience
- Positive and effective interpersonal communication skills
- CPR certification and basic first aid training is preferred, but not required.
- Knowledge of safe exercise techniques and group exercise principles
- Knowledge of basic physiology and body mechanics
- Proven ability to effectively work with students and vendors.
- Working knowledge of MBO system or the ability to learn the application.
- The ability to regularly lift 50 pounds, twist, walk, stand and work in adverse weather and temperature conditions.

Wilmington Yoga is a true community “center,” open to people of all ages, shapes, sizes, and abilities who wish to deepen their understanding of yoga and healthy lifestyle practices.

Our student base includes seniors, military personnel, professional athletes, soccer moms, corporate executives, college students, celebrities, teachers, teens, and tots. We go to great lengths to create a friendly, non-intimidating environment for anyone who is curious about the amazing benefits of yoga lessons and we love helping beginners explore their first yoga class!

How To Apply:

Please apply at <https://www.wilmingtonyogacenter.com/about/our-careers/>

Job Type: Full Time